

## FORUM TOPICS

The management of ADHF involves a variety of specialists. To help each type of specialist optimize and individualize the treatment of patients with this complex disorder, each forum will review and discuss only ONE of the following topics:

◆ **Improved Strategies for the Management of Acute Heart Failure**

**Intended Audience:** Cardiologists

*Current challenges in the management of acute heart failure, such as timely diagnosis and rehospitalization rates, will be discussed, followed by a review of the clinical data supporting recent advances in the management of acute heart failure.*

◆ **Management of Acute Heart Failure in the Cardiac Surgery Patient**

**Intended Audience:** Cardiothoracic surgeons and cardiovascular anesthesiologists

*An overview of the inflammatory response and neurohormonal changes associated with cardiac surgery, followed by a discussion of the management of the cardiac surgery patient.*

◆ **Optimizing the Management of Acute Heart Failure in the Emergency Department**

**Intended Audience:** Emergency medicine physicians

*The evidence demonstrating that early initiation of therapies in the emergency department improves clinical outcomes, reduces length of stay, and decreases rehospitalization rates will be presented, followed by a discussion of current strategies for the management of acute heart failure in the emergency department.*

◆ **Challenges in the Management of Acute Heart Failure and Strategies for a Systems-wide Approach**

**Intended Audience:** Hospitalists and Internists

*A discussion will be conducted of the many challenges facing hospitalists today, including a review of the latest management strategies being used to treat acute heart failure patients more effectively and with lower associated costs.*

◆ **Managing Acute Heart Failure in Patients with Chronic Kidney Disease**

**Intended Audience:** Nephrologists

*A look at how renal insufficiency is functionally and pathologically intertwined with acute heart failure, plus a review of the latest evidence on the use of diuretics (including the issue of diuretic resistance) and natriuretic peptides in acute heart failure patients with chronic kidney disease, will be offered.*

## FACULTY

The INITIATE program faculty is composed of more than 200 leaders in the management of heart failure. The National Education Steering Committee members, listed below, developed the program's materials.

### Co-chairs

**GREGG C. FONAROW, MD**

The Eliot Corday Professor in  
Cardiovascular Medicine and Science  
UCLA Division of Cardiology  
Director, Ahmanson-UCLA Cardiomyopathy Center  
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**JAMES A. HILL, MD**

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Medical Director, Heart Failure/Transplantation  
University of Texas Southwestern Medical Center  
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### Members

**Teresa De Marco, MD**

Uri Elkayam, MD  
Charles L. Emerman, MD  
George R. Gordon, MD  
J. Douglas Kirk, MD  
Franklin A. Michota, Jr., MD  
Nader Moazami, MD  
David M. Schreck, MD  
Ajay K. Singh, MB  
John R. Wigneswaran, MD

Earn up to 1.5  
AMA PRA  
category 1 credits



  
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## ACUTE DECOMPENSATED HEART FAILURE Medical Education Forums

A CME-approved forum to help  
you optimize the management  
of heart failure patients  
in a variety of settings

### REGISTER NOW

Phone: 800-635-8730, program: 1830

Fax: 888-229-3732

Online: [www.medical-meeting.com/initiate.htm](http://www.medical-meeting.com/initiate.htm)

### Forums scheduled in your local area beginning March 2005

Sponsored by The University of Medicine and Dentistry of New Jersey  
(UMDNJ) Center for Continuing and Outreach Education.



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## A COMPREHENSIVE, MULTIDISCIPLINARY CME INITIATIVE

Despite recent advances in our understanding of the pathophysiology and treatment of acute decompensated heart failure (ADHF), also referred to as acute heart failure, this disorder continues to produce a significant morbidity, mortality, and economic burden. It is responsible for millions of ambulatory care visits and hospital admissions in the U.S. every year. These hospitalizations have done little to affect overall outcomes—half of the patients are readmitted within 6 months,<sup>1</sup> and only 50% survive 5 years after diagnosis.<sup>2</sup>

INITIATE focuses on the complexity of managing ADHF patients in a variety of settings. Unique clinical challenges will be addressed, and evidence-based treatment strategies will be examined to help physicians optimize and individualize the management of these patients.

### References

1. Krumholz HM, et al. *Arch Intern Med.* 1997;157:99-104.
2. Dargie HJ, et al. *J Intern Med.* 1996;239:309.

### WHAT IS AN INITIATE FORUM?

INITIATE forums are CME meetings that provide participants with up to 1.5 AMA PRA category 1 credits. Each forum offers a didactic presentation with a discussion and question-and-answer session that focuses on one of five acute heart failure topics.

### WHO SHOULD ATTEND?

The INITIATE program has been designed for physicians engaged in the management of acute heart failure patients, including cardiologists, cardiothoracic surgeons, emergency medicine physicians, hospitalists, internists, and nephrologists. There are no prerequisites.

### WHO WILL LEAD THESE FORUMS?

Each forum will be led by one member of the INITIATE Program Faculty, which is composed of leaders in the management of heart failure.

### WHEN ARE THE FORUMS HELD?

Most INITIATE forums will take place in the evening, and dinner will be available.

## REGISTER NOW

Forums are free and fill up quickly.

- Earn up to 1.5 AMA PRA category 1 credits
- No charge to attend
- Didactic presentation followed by a discussion and question-and-answer session

## HERE'S HOW TO REGISTER

Phone: 800-635-8730, program: 1830

Fax: 888-229-3732

Online: [www.medicalmeeting.com/initiate.htm](http://www.medicalmeeting.com/initiate.htm)

## LEARNING OBJECTIVES

After participating in this program, physicians should be able to:

- Review the morbidity, mortality, and economic burden of heart failure
- Define risk assessment strategies for patients with acute heart failure
- Understand the pathophysiology of heart failure
- Recognize the role of B-type natriuretic peptide in heart failure diagnosis
- Explain the pharmacologic properties of natriuretic peptides and their role in heart failure treatment
- Define effective treatment strategies for reducing morbidity and mortality in heart failure patients
- Discuss the pharmacologic management of acute heart failure in a variety of clinical settings
- Appreciate the value of a multidisciplinary approach to improving outcomes in heart failure patients

## ACCREDITATION STATEMENT

UMDNJ-Center for Continuing and Outreach Education is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

## CREDIT DESIGNATION STATEMENT

UMDNJ-Center for Continuing and Outreach Education designates this educational activity for a maximum of 1.5 category 1 credits toward the AMA Physician's Recognition Award. Each physician should claim only those credits that he/she actually spent in the activity.

## EDUCATIONAL METHOD

This activity will consist of a didactic presentation followed by a discussion and question-and-answer session.

Logistic support provided by HealthLogiX.

